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Guidance

# Coronavirus (COVID-19): jobs that qualify for travel exemptions

Updated 5 March 2021

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To help protect the country from coronavirus (COVID-19), there are restrictions on travel to and from the **UK**.

These do not apply if you're travelling from Ireland, the Channel Islands or the Isle of Man. You must have spent the last 10 days in one of these places, or the **UK**.

## Before travel to the **UK**

Before you travel you must:

- take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>)
- complete a passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>)

## On arrival

When you arrive you must:

- quarantine for 10 days (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>)
- take a coronavirus test on day 2 and day 8 of your quarantine

If you have been in a country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the 10 days before you arrive, you have to quarantine in a government approved hotel (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

## International travel from England

Anyone travelling abroad from England must complete a form to declare their legally permitted reason for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>).

## Exemptions

Some people don't have to do some of the above things, because of the jobs they do. This guidance lists the jobs that qualify for exemptions and tells people:

- which restrictions apply and which do not apply for each job
- any conditions you will need to meet or evidence you will need to show

## National lockdown restrictions

If you do one of these jobs, you still need to follow the same health guidance and national restrictions as people who live in the **UK**. Check the guidance for:

- national lockdown in England (<https://www.gov.uk/guidance/national-lockdown-stay-at-home>)
- national restrictions in Northern Ireland (<https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>)

- local protection levels in Scotland (<https://www.gov.scot/publications/coronavirus-covid-19-protection-levels>)
- travel: Coronavirus in Wales (<https://gov.wales/coronavirus-regulations-guidance>)

## Travel corridors

Travel corridors are suspended.

Anyone who is not exempt will need to quarantine for 10 days (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) on arrival in the [UK](#).

## Jobs that qualify for travel exemptions

If you do one of the following jobs you may qualify for an exemption from one or more of the COVID-related travel restrictions.

### Aerospace engineers

#### Travel from [UK](#)

You do not need to complete a declaration form for overseas travel.

#### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#).

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the [UK](#).

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the [UK](#).

If you live in the [UK](#) you do not need to self-isolate. If you live overseas you must self-isolate in your accommodation (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) while in England, unless you are undertaking the exempt activity.

#### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer

- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the [UK](#).

Applies to:

Specialist aerospace engineers responsible for the continued operation of aviation activities and specialist workers responsible for ensuring the safe operation of aircraft.

## Aircraft pilots and crew

### Travel from [UK](#)

You do not need to complete a declaration form for overseas travel.

### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#) if you travel in any part of the aircraft that is accessible to any passenger for any part of the journey (for example, the aircraft cabin).

You do not need to complete the passenger locator form if you travel in a part of the aircraft that is not accessible to passengers, for example, a fully enclosed cockpit.

You do not need to take a coronavirus test before you travel to the [UK](#).

If you live in the [UK](#) you do not need to self-isolate. If you live overseas you must self-isolate in your accommodation (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) while in England, unless you are undertaking the exempt activity.

You do not need to take a coronavirus test on day 2 and day 8.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You should show a crew badge or [ID](#).

Applies to:

Pilots and crew, as defined in paragraph 1 of Schedule 1 to the Air Navigation Order 2016 or other people carried to perform duties relating to the safety of the aircraft, where they have travelled to the United Kingdom in the course of their work or are otherwise required to travel to the United Kingdom for work purposes.

## BBC broadcasting transmission network and services

## Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

## Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt work activity (urgent or essential work for the BBC's broadcasting transmission network and services) or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

People engaged in urgent or essential work for the:

- continued operation of electronic communications network or services
- BBC's broadcasting transmission network and services
- associated supply chain that maintains the confidentiality, integrity and availability of those networks and services

## Border security duties – **UK** officials and contractors

## Travel from UK

You do not need to complete a declaration form for overseas travel.

## Travel to UK

You do not need to:

- take a coronavirus test before you travel to the UK
- complete the passenger locator form
- quarantine – either in a quarantine hotel or in private accommodation
- take a coronavirus test on day 2 and day 8

You should use your official photo identification to demonstrate your status.

Applies to:

UK officials and contractors required to work on essential border security duties, who are:

- required to undertake essential government work related to the UK border in the UK during the period which, but for this exemption, you would need to self-isolate, or
- undertaking essential government work related to the UK border outside of the UK but required to come back to the UK temporarily before departing the UK to again undertake essential government work related to the border

## Border security duties – non-UK officials and contractors

### Travel from UK

You do not need to complete a declaration form for overseas travel.

### Travel to UK

You do not need to:

- take a coronavirus test before you travel to the UK
- complete the passenger locator form
- quarantine in a quarantine hotel
- take a coronavirus test on day 2 and day 8

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

You should use your official photo identification to demonstrate your status.

Applies to:

Non-UK border security officials and contractors who are:



- an official or contractor of a foreign government, required to travel to the [UK](#) to undertake essential border security duties
- in possession of a written notice signed by a senior member of your government confirming that you're required to undertake essential border security duties in the [UK](#) during the period which, but for this exemption, you would need to self-isolate, and that that work cannot be undertaken while the person is complying with regulation 4
- your deployment is pursuant to a standing bilateral or multilateral agreement with the [UK](#) government on the operation of the border controls within the [UK](#)

## Bus and coach drivers

### Travel from [UK](#)

You do not need to complete a declaration form for overseas travel.

### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#) if you travel in part of the vehicle that is accessible to any passenger for any part of the journey.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the [UK](#).

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the [UK](#).

If you live in the [UK](#) you do not need to self-isolate. If you live overseas you must self-isolate in your accommodation (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) while in England, unless you are undertaking the exempt activity.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You will need to show that your travel is part of your job, for example a letter from your employer, a consignment note or your operator's licence.

Applies to:

Drivers of public service vehicles and other employees of [PSV](#) and community licence holders for the international carriage of passengers by coach and bus.

## Channel Tunnel system workers

## Travel from **UK**

You do not need to complete a declaration form for overseas travel.

## Travel to **UK**

You do not need to complete the passenger locator form.

You do not need to take a coronavirus test before you travel to the **UK**.

You do not need to self-isolate or take a coronavirus test on day 2 and day 8.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You should show your terminal access pass.

Applies to:

Operational, rail maintenance, security and safety workers working on the Channel Tunnel system.

## Civil aviation inspectors

### Travel from **UK**

You do not need to complete a declaration form for overseas travel.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You do not need to take a coronavirus test before you travel to the **UK**.

You do not need to take a coronavirus test on day 2 and day 8.

If you live in the **UK** you do not need to self-isolate. If you live overseas you must self-isolate in your accommodation (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) while in England, unless you are undertaking the exempt activity.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8

(<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You should show your accreditation from appropriate authority in your home country. For example, the Transport Department or Civil Aviation Authority.

Applies to:

Civil aviation inspectors engaged on inspection duties.

## Clinical trials or studies

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You will need to show:

- your staff pass or photo identification
- confirmation from the trial sponsor including
- the date and location of the trial
- what your involvement in the trial is, for example if you manage, coordinate or administrate trials or medical research

Applies to:

Sponsors and essential persons needed for clinical trials or studies.

## Crown servants or government contractors

### Travel from UK

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England. But see exemptions for defence personnel and border security workers – UK and non-UK.

### Travel to UK

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the UK.

You need to quarantine in a government approved hotel (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>) if you have been in a country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the 10 days before you arrive in the UK unless a relevant department of the UK government has certified that you are not required to do so and are:

- a Crown servant or government contractor travelling to the UK for essential government work or returning from such work outside the UK, or
- returning from conducting essential state business outside of the UK, or
- returning to the UK where this is necessary to facilitate the functioning of a diplomatic mission or consular post of Her Majesty or of a military/other official posting on behalf of Her Majesty

Even if you do not need to quarantine in a managed quarantine hotel you may still be required to quarantine in the place where you are staying.

You do not need to quarantine in the place where you are staying if a relevant department of the UK government has certified to that end that you are:

- a Crown servant or government contractor travelling to the UK for essential government work, or
- returning from conducting essential state business outside of the UK, or
- returning to the UK where this is necessary to facilitate the functioning of a diplomatic mission or consular post of Her Majesty or of a military/other official posting on behalf of Her Majesty

The relevant department of the UK government will issue you with a letter certifying that you fall within the relevant category above. You should contact them directly for this and bring it with you to the UK.

You are expected to complete tests on day 2 and 8 where reasonably practicable, but you will not need to complete the mandatory testing requirements if a relevant department of the UK government has certified that you are:

- a Crown servant or government contractor travelling to the UK for essential government work, or
- returning from conducting essential state business outside of the UK

and you do not need to quarantine in a managed quarantine hotel or the place where you are staying as a result.

## Exemption from coronavirus testing before entering England

Those certified by a department of the [UK](#) government as meeting the criteria set out below and not required to comply with the requirement:

- a Crown servant or government contractor travelling to the [UK](#) for essential government work in the [UK](#) or returning from conducting such work outside the [UK](#), or
- a person returning from conducting essential state business outside of the [UK](#), or
- a person returning from undertaking essential or emergency work outside of the [UK](#), which has been certified by the relevant department as necessary to facilitate essential government work, or essential state business

The relevant department of the [UK](#) government will issue you with a letter certifying that you fall within one of the categories above and that you are not required to comply with the requirement. You should contact them directly for this before you depart and bring it with you to the [UK](#). You may be refused boarding without this.

Possession of letters confirming exemption from the requirement to self-isolate for 10 days does not exempt the holder from the need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before travelling to the [UK](#).

## Data infrastructure maintenance

### Travel from [UK](#)

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#).

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the [UK](#).

You will need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the [UK](#).

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

Where you are required to undertake essential or emergency work in the [UK](#), you may be exempt from the need to quarantine in a hotel. The relevant [UK](#) government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

## Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Applies to:

A person involved in essential maintenance and repair of data infrastructure required to reduce and resolve outages, or in the provision of goods and services to support these activities

## Defence personnel, visiting forces and government contractors

### Travel from UK

You do not need to complete a declaration form for overseas travel.

### Travel to UK

You do not need to take a coronavirus test before travel to England, where it is impractical to get a test.

You do not need to:

- complete a passenger locator form
- quarantine - either in a managed quarantine hotel or in private accommodation
- take a coronavirus test on day 2 and day 8 after arrival

You will need to request a letter from the Ministry of Defence confirming you are exempt. You will need to show this letter to officials at border control on entry to the UK.

Applies to:

Defence personnel, visiting forces and government contractors who the Ministry of Defence has confirmed are required to deliver essential defence activities.

## Diplomatic missions, international organisations and conferences

### Travel from UK

You do not need to complete a declaration form for overseas travel.

### Travel to UK

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the UK.

You, your family members and other dependents do not need to complete the passenger locator form and are not subject to mandatory testing. However, for public health reasons, you are strongly encouraged to complete tests on day 2 and day 8 after arrival.

Neither you nor your family members or other dependants need to quarantine in a managed quarantine hotel.

If you have been in a country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the 10 days before you arrive in the **UK**, you, your family members and other dependants will need to self-isolate in the place where you are staying.

For all other arrivals, you do not need to self-isolate in the place you are staying if it is confirmed that your work is essential to the functioning of the mission, international organisation or conference and that it cannot be undertaken while self-isolating. If your family members or other dependents travel with you, they will need to self-isolate in the place where they are staying after they arrive in the **UK**.

Before you travel, your mission, international organisation or conference will need to notify the Foreign, Commonwealth and Development Office (**FCDO**) or Protocol Directorate, who will acknowledge receipt.

Applies to:

Members of diplomatic missions and consular posts in the **UK**, officers, servants or representatives of international organisations, representatives at an international or **UK** conference granted privileges and immunities, and their families or dependents.

## **Downstream oil facility workers**

### **Travel from **UK****

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### **Travel to **UK****

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate. You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### **Red list countries**

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

Workers with specialist technical skills required for essential or emergency works to ensure the continued safe and secure operations of a downstream oil facility that has a capacity in excess of 20,000 tonnes.

## Drivers of goods vehicles

### Travel from **UK**

You do not need to complete a declaration form for overseas travel.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You do not need to take a coronavirus test before you travel to the **UK**.

You do not need to self-isolate or take a coronavirus test on day 2 and day 8, unless you have been in a country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the last 10 days.

### Red list countries

If you have been in a country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Drivers who have been in or through Portugal, Madeira or the Azores in the 10 days before arrival in the **UK** do not need to quarantine in a hotel or take a coronavirus test on day 2 and day 8.



You will need to show that your travel is part of your job, for example a letter from your employer, a consignment note or your operator's licence.

Applies to:

Drivers of goods vehicles and other employees of community licence holders for the international carriage of goods.

## Electronic communications networks

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt work activity (urgent or essential work for the **UK**'s electronic communications networks) or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the **UK**, you may be exempt from the need to quarantine in a hotel. The relevant **UK** government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

People engaged in urgent or essential work on electronic communications networks.

## Elite sportspersons – domestic

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) apart from when you are:

- competing in or training for an elite sports event, or
- providing essential support to a domestic elite sportsperson in their competition or training, or
- providing essential operational support to the running of an elite sports event

You may leave self-isolation to travel directly to or between the locations of elite sports events or training where you are undertaking your duties as an elite sportsperson.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You should provide written evidence from a **UK** or English national governing body for your sport confirming both your status as an elite sportsperson who has travelled overseas to participate in an elite sports event, and that you will be continuing those activities on your return, or your status as a **UK** elite sportsperson who is based abroad and is returning to England to participate in elite sport training or competition.

Applies to:

Domestic elite sportspersons and essential operational or support staff returning from an elite sports event or training for the Olympic and Paralympic Games to continue their competition or training in England, or [UK](#) sportspersons who are based abroad returning to England for an elite sports event or training.

## Elite sportspersons – international

### Travel from [UK](#)

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#).

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the [UK](#).

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the [UK](#).

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). However, you can leave your accommodation to travel directly to and attend any specified competition (as listed in Schedule 3 in the Health Protection (Coronavirus, International Travel) (England) Regulations 2020 (as amended)) you are participating in with other elite sportspersons and essential operational or support staff. Travelling between multiple venue locations for the sports event is also permitted.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You'll need to provide written evidence from a [UK](#) or English national governing body for your sport of your status as an international elite sportsperson or essential operational or support staff attending the specified competition.

Applies to:

International elite sportspersons and essential operational and support staff participating in a [UK](#) specified competition listed in the Health Protection (Coronavirus, International Travel) (England) Regulations 2020 (as amended).

## Environment Agency relating to flood and coastal erosion risk management

### Travel from [UK](#)

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

## Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate. You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the **UK**, you may be exempt from the need to quarantine in a hotel. The relevant **UK** government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

You should show a letter from your company at the border which includes:

- your personal details, such as name and address
- contact details for your employer
- detail of what work you'll be doing and its location
- contact details for the Environment Agency or lead local flood authority in England, which you'll be completing work for in the **UK** or, alternatively, a letter issued to you by the Environment Agency or lead local flood authority confirming that you are a worker engaged in essential or emergency flood and coastal erosion risk management works on their behalf

If your employer has issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

Workers engaged in essential or emergency works on behalf of the Environment Agency relating to flood and coastal erosion risk management.

## Eurostar International workers

### Travel from UK

You do not need to complete a declaration form for overseas travel.

### Travel to UK

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the UK if you travel in part of the train that is accessible to any passenger for any part of the journey.

You do not need to complete the passenger locator form if you travel in a part of the train that is not accessible to passengers.

You do not need to take a coronavirus test before you travel to the UK.

If you live in the UK you do not need to self-isolate. If you live overseas you must self-isolate in your accommodation (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) while in England, unless you are undertaking the exempt activity.

You do not need to self-isolate or take a coronavirus test on day 2 and day 8.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

If you're Eurostar staff, you should show a Eurostar staff pass, or letter from Eurostar, or train driving licence.

Applies to:

Drivers and crew of trains operated by Eurostar International Limited, essential cross-border workers working for Eurostar International Limited.

## Eurotunnel workers

### Travel from UK

You do not need to complete a declaration form for overseas travel.

### Travel to UK

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the UK if you travel in part of the train that is accessible to any passenger for any part of the journey, unless passengers remain in their vehicles in that area. For example, on the

## Channel Tunnel passenger shuttle.

You do not need to complete the passenger locator form if you travel in a part of the train that is not accessible to passengers or, in the case of freight trains, the train does not carry passengers.

You do not need to take a coronavirus test before you travel to the UK.

You do not need to self-isolate or take a coronavirus test on day 2 and day 8.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

If you're Eurotunnel staff, you should show a terminal access pass, or train driving licence.

If you're a freight train driver, you should show your staff pass.

Applies to:

Eurotunnel train drivers and crew, Eurotunnel Shuttle drivers, freight train drivers, crew and essential cross-border rail freight workers operating through the Channel Tunnel.

## High Speed 2 rail workers

### Travel from UK

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to UK

You need to complete the complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the UK.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the UK.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the UK.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

If the Department for Transport have certified that you are:

- travelling for business reasons related to essential construction and/or safety work on Phase One of the future high-speed rail network, and
- required to be present in person for the essential work

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the **UK**, you may be exempt from the need to quarantine in a hotel. The relevant **UK** government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case-by-case basis.

You'll need to request a letter from the Department for Transport confirming you are exempt. You will need to show this letter to officials at border control on entry to the **UK**.

Applies to:

Workers who the Department for Transport has confirmed are required to deliver essential construction and/or safety work on Phase One of the future high-speed network.

## International prison escorts

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the **UK**.

If you live in the **UK** you do not need to self-isolate. If you live overseas you must self-isolate in your accommodation (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) while in England, unless you are undertaking the exempt activity.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

If you're travelling internationally to escort prisoners, you'll receive a letter from HMPPS. This letter will include your unique ID number linked to your prison service warrant card. You should present this letter and your warrant card (which also includes your photograph) on arrival in the UK.

There are also additional exemptions for those travelling to and staying in England.

Applies to:

International prison escorts, designated by the relevant Minister under section 5(3) of the Repatriation of Prisoners Act 1984(a).

## IT and telecoms workers

### Travel from UK

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to UK

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the UK.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the UK.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the UK.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt work activity (urgent or essential work related to IT and telecoms) or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).



Where you are required to undertake essential or emergency work in the [UK](#), you may be exempt from the need to quarantine in a hotel. The relevant [UK](#) government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the [UK](#).

Applies to:

Information technology or telecommunications professionals whose expertise is required to provide an essential or emergency response to threats and incidents relating to the security of any network and information system and ensure the continued operation of any network and information system.

## Medical evacuation

You do not need to take a coronavirus test before you travel to the [UK](#).

Applies to:

Patient and accompanying medics.

## Medical treatment

### Travel from [UK](#)

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#).

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the [UK](#).

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the [UK](#).

You will be able to travel to and from your healthcare provider and the place you are staying in the [UK](#). You will otherwise be required to self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>).

## Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You should show a letter or S2 certificate from your healthcare provider explaining your treatment.

Healthcare means all forms of healthcare including mental and physical health. There are also exemptions for live donors and those accompanying the individual, for example a carer or a child.

If you're bringing a carer or care companion with you to the UK, they should show a letter from your care provider or their employer confirming that they're providing care so they will also not need to self-isolate.

Applies to:

Individuals arriving to attend pre-arranged treatment, when receiving that treatment in the UK.

## Urgent medical treatment

You do not need to take a coronavirus test before you travel to the UK.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the UK.

You will be able to travel to and from your healthcare provider and the place you're staying in the UK. You will otherwise be required to self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>).

Applies to:

Individuals arriving to attend urgent, non-pre arranged treatment, when receiving that treatment in the UK.

## Medicines – human and veterinary

### Travel from UK

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to UK

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the UK.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the UK.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the UK.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You will need to show:

- your staff pass or photo identification
- confirmation from the trial sponsor including
- the date and location of the trial
- what your involvement in the trial is, for example if you manage, coordinate or administrate trials or medical research

Applies to:

Qualified persons and responsible persons for human and veterinary medicines, clinical trials, clinical investigations and pharmacovigilance.

## Network Rail workers

### Travel from UK

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to UK

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the UK.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the UK.

You do not need to take a coronavirus test on day 2 and day 8.

You must self-isolate in your accommodation (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay. You must be either:

- working on automated ballast cleaning and track re-laying systems, or

- a specialist rail maintenance technicians maintaining or commissioning industrial machinery for use on national rail infrastructure

### **Red list countries**

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You should show a letter from your company at the border which includes:

- your personal details, such as name and address
- contact details from your employer
- what work you'll be doing

If your employer issued you with photo identification (sentinel card), you should bring this with you to the UK.

Applies to:

Workers engaged in essential or emergency works to the rail network as part of a specialist team with or for Network Rail.

## **Nuclear personnel**

### **Travel from UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### **Travel to UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the UK.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the UK.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the UK.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

## Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the **UK**, you may be exempt from the need to quarantine in a hotel. The relevant **UK** government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

Nuclear personnel who are essential to the safe and secure operations of a licensed nuclear site.

## Nuclear emergency responder

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You will need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You do need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to England.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

## Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the **UK**, you may be exempt from the need to quarantine in a hotel. The relevant **UK** government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

A person providing assistance to the **UK** in accordance with the Convention on Assistance in the Case of a Nuclear Accident or Radiological Emergency.

## Offshore oil and gas

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

## Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

Workers coming into England required to undertake or commence:

- activities on or in relation to an offshore installation
- activities on or in relation to upstream petroleum infrastructure
- critical safety work on an offshore installation or well being decommissioned or preserved pending demolition or reuse
- activities for the provision of workers, goods, materials or equipment or other essential services required to support the safe operation of the activities referred to above

## OPCW and IAEA inspectors

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

## Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

At the border, you will need to show a letter issued by the relevant department to your sponsoring organisation – either the [IAEA](#) or the [OPCW](#).

If your organisation issues you with identification or travel documentation, you should bring this with you to the [UK](#).

Applies to:

International nuclear safeguards and chemical industry inspectors, representing the Organisation for the Prohibition of Chemical Weapons ([OPCW](#)) and the International Atomic Energy Agency ([IAEA](#)).

## Postal workers

### Travel from [UK](#)

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#).

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the [UK](#).

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the [UK](#).

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

## Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).



At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the [UK](#).

Applies to:

Postal workers involved in the transport of mail into and out of the [UK](#).

## Quality assurance inspectors for human and veterinary medicines

### Travel from [UK](#)

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#).

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the [UK](#).

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the [UK](#).

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

If you're conducting quality assurance assessments/inspections for any category of medicine, medical product or substance of human origin, You will need to show:

- your staff pass or photo identification
- confirmation of the date and location of your quality assurance assessment or inspection

Applies to:

Quality assurance inspectors for human and veterinary medicines.

## Regular work abroad

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You do not need to take a coronavirus test before you travel to the **UK**.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the **UK**.

There is a limited exemption from the requirement to self-isolate for those who work abroad and return to England or Wales, if you are not returning from a red list country.

There is no equivalent exemption for those who live in either Scotland or Northern Ireland.

In order to qualify for the regular work abroad exemption from self-isolation in both England and Wales you will need to:

- work in a country which is not on the red list
- travel to and from that country on a minimum of a weekly basis

In addition, for England you may only use this exemption if:

- you cannot do your work remotely
- it is viewed as critical

Evidence of qualification:

You will need to show evidence that you reside in England or Wales but work in a different country and you must also be able to demonstrate your minimum of a weekly travel between the two countries, for example, a season ticket. If you are residing in England, you must also demonstrate your work is of a critical nature which cannot be done remotely. At the border, you should do this by showing a letter from your employer which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you do
- a certification that the work is critical and that it cannot be done remotely

Work will be considered critical where it is defined as such (or in equivalent terms) in legislation or guidance in use in the country you work in, or, if the country has no such definition, if the work concerned matches one of the exemptions for work if it was being carried out in the **UK**.

### **Red list countries**

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Applies to:

People who live in England or Wales but who work in another country and who travel between England or Wales and their country of work at least once a week. In addition, for England – the work in the other country must be critical and not possible to be carried out remotely.

### **Regular work in the **UK**, living abroad**

This exemption no longer applies as it has been removed in England and Northern Ireland. This exemption is still in force in Wales.

### **Wales only**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the **UK**.

You can continue to qualify for the exemption from self-isolation in Wales if you work regularly in Wales but live in another country. To evidence this you must demonstrate that you travel between the two on a minimum of a weekly basis, for example, a season ticket.

### **Red list countries**

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Applies to:

People who live outside the [UK](#) but work in Wales and travel between their country of residence and Wales at least once a week.

## **Representatives of a foreign country or territory or British overseas territories**

### **Travel from [UK](#)**

You do not need to complete a declaration form for overseas travel.

### **Travel to [UK](#)**

You do not need to complete the passenger locator form.

Where applicable, you do not need to quarantine in a managed quarantine hotel if it is confirmed that you are travelling to the [UK](#) for official business with the [UK](#) and are not required to do so. Where these conditions are met, any family members or other dependents travelling with you will not need to self-isolate in a managed quarantine hotel if it is also confirmed that they are not required to do so.

Even if you do not need to quarantine in a managed quarantine hotel, you may still be required to self-isolate in the place where you are staying. You do not need to self-isolate in the place you are staying if it is confirmed that you are travelling to the [UK](#) for official business that cannot be undertaken whilst self-isolating.

If your family members or other dependants travel with you, they will need to self-isolate in the place where they are staying after they arrive in England.

Exemptions from mandatory testing may apply in limited circumstances to representatives of a foreign country or territory, and representatives of the government of a British overseas territory, travelling to the [UK](#) to conduct official business with the [UK](#). But for public health reasons, you are strongly encouraged to take tests on days 2 and 8 after arrival.

Before you travel, your mission or a representative of your country or territory will need to notify the [FCDO](#), who will issue an exemption letter to show at the border.

## **Exemption from coronavirus testing before entering England**

Applies, in exceptional circumstances, to:

Representatives of a foreign country or territory and representatives of the British overseas territories, travelling to the [UK](#) to undertake official business with the [UK](#).

Before you travel, your mission or a relevant representative of your country or territory will need to notify the [FCDO](#). The [FCDO](#) will assess your circumstances on a case by case basis. If applicable the [FCDO](#) will issue you an exemption letter to confirm it has received the necessary confirmation, that you are travelling to the [UK](#) to conduct official business with the [UK](#) and that you are not required to comply with this regulation.

Possession of letters confirming exemption from the requirement to complete the passenger locator form or the requirement to self-isolate for 10 days does not exempt the holder from presenting a negative coronavirus test result prior to departure.

## **Seamen and masters and inspectors and surveyors of ships**

## Travel from UK

You do not need to complete a declaration form for overseas travel.

## Travel to UK

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the UK, if you travel in a part of the vessel that is accessible to any passenger for any part of the journey.

You do not need to complete the passenger locator form if you travel in a part of the vessel that is not accessible to passengers or you travel on a vessel that does not carry passengers, for example, fishing boats.

You do not need to take a coronavirus test before you travel to England if you are a seafarer or fisherman due to work on a vessel or need to transit the UK to join or leave a vessel. You should show a valid SID if you have one.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the UK.

If you live in the UK you do not need to self-isolate. If you live overseas you must self-isolate in your accommodation (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) while in England, unless you are undertaking the exempt activity.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

If you work on a ship, including fishermen, you should show a Seafarer's Identification Document (SID) if you have one.

If you don't have a SID, you can show your joining papers, seafarer's employment agreement or a seafarer's discharge book (Continuous Certificate of Discharge) instead. Alternatively, you could show a basic training certificate or declaration from the registered owners of the vessel that you are a crew member.

Applies to:

Seamen and masters as defined in section 313(1) Merchant Shipping Act 1995, maritime pilots as defined in para 22(1) of schedule 3A of the Merchant Shipping Act 1995, and inspectors and surveyors of ships appointed under section 256 of the Merchant Shipping Act 1995 or by a government of a relevant British possession as defined in section 313(1) of that Act.

## Seasonal agricultural workers

### Travel from UK

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

## Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to England.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the **UK**.

You must go directly to the farm where you are working. You can start work immediately but you must quarantine on the farm for 10 days. You'll then need to follow advice for seasonal agricultural workers coming to England to work on farms (<https://www.gov.uk/guidance/coming-to-the-uk-for-seasonal-agricultural-work-on-english-farms>).

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

## Seasonal agricultural workers with **EU** settled or pre-settled status

You should provide documentation that verifies your **EU** settled or pre-settled status when you arrive at the **UK** border, and show a letter or email from your employer confirming you will be employed as a seasonal agricultural worker.

The letter should include:

- your name
- your date of birth
- your employer in the **UK**
- your start date
- the address of the farm where you'll be living
- contact details of your employer and/or farm

## Seasonal agricultural workers under the Seasonal Workers Pilot

You should present your visa at the border as usual if you're travelling as a seasonal agricultural worker under the Seasonal Workers Pilot and provide contact details and the address of the farm where you'll work and live on the Passenger Locator Form.

## Specialist technical workers – sub-sea telecommunications infrastructure

## Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

## Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt work activity (urgent or essential work related to subsea telecommunications infrastructure) or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the **UK**, you may be exempt from the need to quarantine in a hotel. The relevant **UK** government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

You will need to show that you are covered by this exemption. The best way to do this is to provide a letter from your company or other legal entity or the company or other legal entity you work for at the border which states:

- your personal details, such as name and address, position, and employment status
- contact details for your company or other legal entity or employer
- details of the purpose of your travel and the work you'll be doing

You should provide as much detail as you can.

If your employer, company or other legal entity issues you with photo identification, you should also bring this with you to the **UK**.

Applies to:

Sub-sea telecommunications infrastructure personnel who are engaged in or whose role directly supports the installation, maintenance or repair of subsea fibre optic telecommunications infrastructure who have travelled to the **UK** in the course of their work.

## Specialist technical workers – goods and services

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the **UK**, you may be exempt from the need to:

- take a coronavirus test before travel to the **UK**
- quarantine in a hotel for 10 days on arrival

The relevant **UK** government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

You will need to show that your travel to the **UK** is essential for your work here, for example a letter from your employer, a consignment note or your operator's licence.

At the border, you will need to show a letter from your company which includes:



- your personal details, such as name and address
- contact details for your employer
- contact details for the business or organisation you'll be completing work for in the [UK](#)
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the [UK](#).

Applies to:

Workers with specialist technical skills for essential or emergency works or services (including construction, commissioning, installation, maintenance, and repairs and safety checks) to ensure the continued production, supply, movement, manufacture, storage or preservation of goods.

## Specialist technical workers – waste

### Travel from [UK](#)

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#).

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the [UK](#).

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the [UK](#).

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the [UK](#), you may be exempt from the need to quarantine in a hotel. The relevant [UK](#) government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- contact details for the waste management business or organisation you'll be completing work for in the **UK**
- detail of what work you'll be doing

If your employer has issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

Workers with specialist technical skills required for essential or emergency works (including construction, commissioning, installation, maintenance, repairs and safety checks) or to fulfil contractual obligations or warranty specifications in, or in connection with, waste management facilities used for the management, sorting, treatment, recovery, or disposal of waste (including energy from waste).

## **Specialist technical workers – power infrastructure**

### **Travel from **UK****

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### **Travel to **UK****

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### **Red list countries**

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the **UK**, you may be exempt from the need to quarantine in a hotel. The relevant **UK** government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

Workers with specialist technical skills required for essential or emergency works to ensure the continued safe and secure operations of generating stations, gas or electricity transmission or distribution networks, electricity interconnectors, gas terminals or district or communal heat networks.

## Specialist technical workers – space infrastructure

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

Where you are required to undertake essential or emergency work in the **UK**, you may be exempt from the need to quarantine in a hotel. The relevant **UK** government department must certify that the work you will be doing is necessary to facilitate essential government work or essential state business. This will be considered on a case by case basis.

At the border, you will need to show a letter from your company which includes:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the **UK**.

Applies to:

Workers with specialist technical skills required for essential or emergency works to ensure the continued safe and secure operations of space infrastructure.

## Transiting through the **UK**

### Travel from **UK**

You do not need to complete a declaration form for overseas travel.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the **UK**.

You do not need to quarantine or take a coronavirus test on day 2 and day 8 because you are only transiting via the **UK**.

This exemption applies to anyone transiting through the **UK**, 'airside' or 'landside'.

For people transiting landside (entering the **UK**), it applies where you are entering the **UK** for the sole purposes of continuing a journey to a country or territory outside of the Common Travel Area (<https://www.gov.uk/government/publications/common-travel-area-guidance>), and you either:

- remain within your port of entry until your departure from England, or
- travel directly from your port of entry to another port of departure in England

## Transporting human cells or blood

### Travel from **UK**

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to **UK**

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the **UK**.

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the **UK**.

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### **Red list countries**

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You will need to show:

- your staff pass or photo identification
- confirmation from a healthcare provider explaining:
  - the address of where the material was or is to be collected from, and the date on which the material was or is to be collected
  - the address of where the material is to be transported to, the name of the healthcare provider that is to receive the material, and the date on which the material is to be delivered to the healthcare provider
  - what material you are or will be carrying
  - why you need to carry it

If you're transporting a controlled drug, You will need to show a Home Office import licence.

### **Exemption from coronavirus testing before entering England**

You do not need to present a negative coronavirus result test prior to departure.

You will need to show:

- your staff pass or photo identification
- confirmation from a healthcare provider explaining:
  - the address of where the material was or is to be collected from, and the date on which the material was or is to be collected
  - the address of where the material is to be transported to, the name of the healthcare provider that is to receive the material, and the date on which the material is to be delivered to the healthcare provider

- what material you are or will be carrying
- why you need to carry it

Applies to:

People who have travelled to the [UK](#) for the purpose of transporting material which consists of, or includes, human cells or blood and which is to be used for the provision of healthcare by a healthcare provider.

## Water supplies and sewerage services workers

### Travel from [UK](#)

You need to complete a declaration form for overseas travel (<https://www.gov.uk/guidance/coronavirus-covid-19-declaration-form-for-international-travel>) if you are travelling from England.

### Travel to [UK](#)

You need to complete the passenger locator form (<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>) before you travel to the [UK](#).

You need to take a coronavirus test (<https://www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england>) before you travel to the [UK](#).

You need to take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>) after arrival in the [UK](#).

You must self-isolate (<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>). You can leave your accommodation when conducting the specific exempt activity or travelling directly to and from your accommodation and a location for the purposes of this work. You must self-isolate at all other times during your stay.

### Red list countries

If you have been in any country on the travel ban red list (<https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19>) in the previous 10 days, you need to quarantine in a government approved hotel and take a coronavirus test on day 2 and day 8 (<https://www.gov.uk/guidance/booking-and-staying-in-a-quarantine-hotel-when-you-arrive-in-england>).

You will need to show a letter from your company or the company you are coming to work for. Those bodies authorised to issue a letter are either:

- Water [UK](#)
- the relevant water undertaker, sewerage undertaker, water supply license, sewerage licensee or local authority that you're carrying out the work for

The letter must include:

- your personal details, such as name and address
- contact details for your employer
- what work you'll be doing

If your employer issued you with photo identification, you should bring this with you to the [UK](#).

Applies to:

Workers engaged in essential or emergency works, related to water supplies and sewerage services.

## Legislation

This guidance provides a high level summary of the international travel regulations (<https://www.legislation.gov.uk/ukxi/2020/568/schedule/2>).

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